

September 14, 2022

“We get a recession about every five to seven years and an average recession will last about 12 months. You get an economy that grows and grows and then it overheats and then it has to be lowered back down again.”

To see the story in its entirety, visit [newsy.com](https://www.newsy.com):

<https://www.newsny.com/stories/why-are-we-scared-of-a-recession/>