

## MBA Internships: Vasili Econopouly (MBA/MHA '24)

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### **Vasili Econopouly (MBA/MHA '24)**

**Concentration:** Strategic Management

**Internship:** Administrative Health Intern, Sutter Health, Sacramento California

**How did you approach the internship search process, and what strategies did you find effective?**

I applied to over 20 healthcare companies. I found networking to be the best method. I was able to get lunch with someone who went through the internship, and he wrote a letter of recommendation.

**Can you share a memorable moment or experience from your internship that had a significant impact on your professional growth?**

A memorable moment was being able to present in front of the executive team about the current and future state of our ambulatory services. I also got the chance to attend symposiums where I met various executives across our 22 hospitals.

**How did your internship align with your career goals and aspirations? Did it confirm or reshape your career path in any way?**

Completing this internship confirmed my career path. I was doing meaningful work for them and seeing them use my research for decisions that affect patient lives.

**Were there any challenges or obstacles you faced during your internship, and how did you overcome them?**

One of my projects involved doing work with M&A. I found research to be difficult, but I took a class at Tulane where I was able to consult both my notes and a classmate's notes. This helped me with my research.

**Did you have a mentor or supervisor who played a crucial role in your internship experience? How did they support your development?**

I had a couple of mentors that I was able to learn from, who trust me and give me responsibilities. I go to them for confirmation. If I have a problem, I will do my best to solve it. My mentor also introduced me to many executives and helped teach me acronyms and terminology I was unfamiliar with.

**In what ways did your internship allow you to apply the theoretical concepts you learned in your MBA program to real-world situations?**

Classes I have taken on M&As have helped me tremendously. I also have been using a lot of [analytics](#) I was able to learn from Tulane.

**Did your internship provide exposure to a particular industry or functional area that you had not previously considered? How did this influence your career decisions?**

My internship provided me exposure to the administrative department of healthcare. I always thought I wanted to be in an administrative position within a hospital, but

working in the system office, we are able to make decisions and implement change that affects both the hospitals and patients.

**Looking back, what advice would you give to current or future MBA students about maximizing the value of their internships?**

Make a statement. Showcase your skills and work 110% everyday. If you find yourself not busy, get busy. Propose projects and always make sure you connect with everyone you are working with.

**How did your internship contribute to building your professional network? Did it lead to any valuable connections or mentorship opportunities?**

I was able to connect with many executives across all our facilities including our 25 hospitals and medical foundations. I reached out and shadowed many people.

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