

# Rebel HR Podcast: Personal Power: Navigating Influence and Authenticity with Chris Lipp

February 13, 2025



[Chris Lipp](#), professor of practice and director of Management Communication, was interviewed about his concept of [personal power](#) on the [Rebel HR Podcast](#).

"One of the benefits of personal power is that we don't have to give our power away in order to help other people feel empowered. There's a sense that we are giving something of ourselves away in the process of pushing others up, but [with] real personal power, as we stand in our power, others around us get empowered. We see this with great leaders."

To hear the interview in its entirety, visit [rebelhumanresources.com](http://rebelhumanresources.com):

<https://www.rebelhumanresources.com/1173185/episodes/16491105-personal-power-navigating-influence-and-authenticity-with-chris-lipp>