

[Forbes: 4 Remedies For Reducing Generative AI Mediocrity](#)

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[Shuhua Sun](#), Peter W. and Paul A. Callais Professor of Entrepreneurship and associate professor of management, was interviewed by [Forbes](#) for an article about his research on how employees can use use metacognition--the ability to plan, evaluate, monitor and refine their thinking--to get better results from AI.

“At its core, metacognition is about knowing yourself. Understanding what you know and don’t know in performing a task, being aware of how you tend to think – right- or left-brained – and deliberately adjusting how you use AI to complement and extend your own capabilities.”

To read the article in its entirety, visit forbes.com:

<https://www.forbes.com/sites/joemckendrick/2026/01/23/researchers-propose-remedy-for-generative-ai-mediocrity/>